



## Women Club Records

Event	AgeGroup	Result	Name	Year
100m run	Open	11.57	Suzanne Broderick	2000
100m run	U20	11.60	Tamsyn Lewis	1994
100m run	U18	11.60	Tamsyn Lewis	1994
100m run	U17	11.60	Tamsyn Lewis	1994
100m run	U16	12.10	Maggie-may Quinlan	2008
100m run	U16	11.90	Nicole Wilson	1998
100m run	U15	12.41	Maggie-may Quinlan	2007
100m run	U14	12.44	Ilana Grandine	2004
100m run	U13	12.65	Ilana Grandine	2004
200m run	Open	23.60	Charlotte van Veenendaal	2012
200m run	U20	23.90	Laura Humphreyis	1992
200m run	U18	23.90	Laura Humphreyis	1992
200m run	U17	23.91	Tamsyn Lewis	1994
200m run	U16	23.96	Tamsyn Lewis	1994
200m run	U15	25.00	Nicole Wilson	1996
200m run	U14	25.60	Laura Humphreyis	1989
200m run	U13	26.68	Ilana Grandine	2004
400m run	Open	52.90	Tamsyn Lewis	1994
400m run	U20	52.90	Tamsyn Lewis	1994
400m run	U18	52.90	Tamsyn Lewis	1994
400m run	U17	52.90	Tamsyn Lewis	1994
400m run	U16	52.90	Tamsyn Lewis	1994
400m run	U15	56.23	Nicole Wilson	1996
400m run	U14	1:00.20	Erin Rayner	2008
400m run	U13	1:01.55	Bethany Rayner	2009
800m run	Open	1:59.22	Linden Hall	2021
800m run	U20	2:07.74	Erin Rayner	2012
800m run	U18	2:07.74	Erin Rayner	2012
800m run	U17	2:08.50	Maddison Caulfield	2015
800m run	U16	2:08.50	Maddison Caulfield	2015
800m run	U15	2:11.16	Maddison Caulfield	2014
800m run	U14	2:11.90	Letetia Presser	2015
800m run	U13	2:20.24	Erin Rayner	2007
1.5km run	Open	3:59.01	Linden Hall	2021
1.5km run	U20	4:20.99	Lauren Ryan	2016
1.5km run	U18	4:20.99	Lauren Ryan	2016
1.5km run	U17	4:27.33	Maddison Caulfield	2015
1.5km run	U16	4:27.33	Maddison Caulfield	2015
1.5km run	U15	4:34.31	Maddison Caulfield	2014

1.5km run	U14	4:35.85	Erin Rayner	2007
1.5km run	U13	4:43.31	Erin Rayner	2007
3km run	Open	8:48.81	Sarah Jamieson	2007
3km run	U20	9:09.19	Amelia Mazza-Downie	2018
3km run	U18	9:27.77	Lauren Ryan	2016
3km run	U17	9:28.80	Amelia Mazza-Downie	2014
3km run	U16	9:28.80	Amelia Mazza-Downie	2014
3km run	U14	10:31.00	Erin Rayner	2008
5km run	Open	15:02.90	Sarah Jamieson	2016
5km run	U20	16:19.80	Amelia Mazza-Downie	2017
5km run	U18	16:27.80	Amelia Mazza-Downie	2015
5km run	U17	16:27.80	Amelia Mazza-Downie	2015
10km run	Open	32:48.00	Anne Cross	2000
1.5km walk	Open	7:01.64	Ela Uzun	2022
1.5km walk	U20	7:01.64	Ela Uzun	2022
1.5km walk	U18	7:01.64	Ela Uzun	2022
1.5km walk	U17	7:01.64	Ela Uzun	2022
1.5km walk	U16	7:01.64	Ela Uzun	2022
1.5km walk	U15	7:01.64	Ela Uzun	2022
1.5km walk	U14	7:01.64	Ela Uzun	2022
1.5km walk	U13	7:01.64	Ela Uzun	2022
2km walk	Open	8:58.39	Carma Watson	2005
2km walk	U20	8:58.80	Ela Uzun	2023
2km walk	U18	8:58.80	Ela Uzun	2023
2km walk	U17	8:58.80	Ela Uzun	2023
2km walk	U16	8:58.80	Ela Uzun	2023
2km walk	U15	8:58.80	Ela Uzun	2023
2km walk	U14	8:58.80	Ela Uzun	2023
2km walk	U13	8:58.80	Ela Uzun	2023
3km walk	Open	13:41.76	Carma Watson	2005
3km walk	U20	13:45.73	Ela Uzun	2023
3km walk	U18	13:45.73	Ela Uzun	2023
3km walk	U17	13:45.73	Ela Uzun	2023
3km walk	U16	13:45.73	Ela Uzun	2023
3km walk	U15	13:45.73	Ela Uzun	2023
3km walk	U14	13:45.73	Ela Uzun	2023
3km walk	U13	13:45.73	Ela Uzun	2023
5km walk	Open	24:10.00	Carma Watson	2006
5km walk	U20	25:58.00	Vanessa Arcadi	1998
5km walk	U18	26:43.00	Eda Girgin	2006
5km walk	U17	26:43.00	Eda Girgin	2006
5km walk	U16	26:43.00	Eda Girgin	2006
5km walk	U15	28:21.34	Eda Girgin	2005
2km steeple	U18	6:52.31	Allison Rogers	2016

2km steeple	U17	6:52.31	Allison Rogers	2016
2km steeple	U16	6:52.31	Allison Rogers	2016
2km steeple	U15	6:59.95	Jennifer Mendes	2015
2km steeple	U14	7:13.67	Molly Gallagher	2014
2km steeple	U13	7:16.77	Molly Gallagher	2014
3km steeple	Open	9:55.53	Charlotte Wilson	2018
3km steeple	U20	11:16.65	Alanah Hayes	2011
3km steeple	U18	11:16.65	Alanah Hayes	2011
3km steeple	U17	11:16.65	Alanah Hayes	2011
80m hurdles	U14	12.59	Jamison Towers	2022
80m hurdles	U13	13.84	Jamison Towers	2021
90m hurdles	U16	13.14	Ruby Pizzo	2016
90m hurdles	U15	13.14	Ruby Pizzo	2016
90m hurdles	U14	13.59	Jamison Towers	2022
100m hurdles	Open	13.73	Lily-Bella Hilli	1999
100m hurdles	U20	13.85	Helen Powlowski	
100m hurdles	U18	13.85	Helen Powlowski	
100m hurdles	U17	14.48	Zara Keca	2014
100m hurdles	U16	14.89	Zara Keca	2014
200m hurdles	U16	28.99	Lily-Bella Hilli	2022
200m hurdles	U15	29.47	Jamison Towers	2022
200m hurdles	U14	29.47	Jamison Towers	2022
400m hurdles	Open	59.44	Caitlin Hawks	2015
400m hurdles	U20	59.44	Caitlin Hawks	2015
400m hurdles	U18	1:01.58	Caitlin Hawks	2014
400m hurdles	U17	1:02.30	Lily-Bella Hilli	2023
400m hurdles	U16	1:02.30	Lily-Bella Hilli	2023
Mile	Open	4:19.60	Linden Hall	2023
Discus	Open	52.29m	Alesha Sayner	1999
Discus	U20	52.29m	Alesha Sayner	1999
Discus	U18	52.29m	Alesha Sayner	1999
Discus	U17	50.45m	Alesha Sayner	1998
Discus	U16	50.28m	Alesha Sayner	1996
Discus	U15	46.04m	Alesha Sayner	1996
Discus	U14	37.77m	Orla McCarthy	2018
Discus	U13	31.87m	Orla McCarthy	2018
Hammer	Open	58.16m	Louise Mendes	2018
Hammer	U20	58.16m	Louise Mendes	2018
Hammer	U18	58.80m	Louise Mendes	2016
Hammer	U17	54.99m	Louise Mendes	2015
Hammer	U16	49.29m	Louise Mendes	2015
Hammer	U15	43.65m	Louise Mendes	2014
Hammer	U14	27.69m	Louise Mendes	2013
High Jump	Open	1.86m	Leah Alexander	1998

High Jump	Open	1.86m	Belinda Blay	1998
High Jump	U20	1.86m	Belinda Blay	1998
High Jump	U20	1.86m	Leah Alexander	1998
High Jump	U18	1.86m	Leah Alexander	1998
High Jump	U17	1.86m	Leah Alexander	1998
High Jump	U16	1.82m	Leah Alexander	1997
High Jump	U15	1.71m	M. Alexnder	2014
High Jump	U15	1.71m	Freya Langston	2014
High Jump	U14	1.64m	Freya Langston	2013
High Jump	U14	1.64m	M. Alexander	2013
High Jump	U13	1.63m	Freya Langston	2012
Javelin	Open	69.28m	Petra Rivers	1972
Javelin	U20	61.76m	Petra Rivers	1970
Javelin	U18	61.76m	Petra Rivers	1970
Javelin	U17	48.80m	Petra Rivers	1966
Javelin	U16	48.80m	Petra Rivers	1966
Javelin	U15	48.80m	Petra Rivers	1966
Javelin	U14	42.33m	Maree Muscara	2011
Javelin	U13	35.67m	Maree Muscara	2011
Long Jump	Open	6.49m	Kym Burns	1999
Long Jump	U20	5.98m	Montana Djatchenko	2020
Long Jump	U18	5.87m	Catherine Mendes	2016
Long Jump	U17	5.87m	Catherine Mendes	2016
Long Jump	U16	5.87m	Catherine Mendes	2016
Long Jump	U15	5.56m	Catherine Mendes	2015
Long Jump	U14	5.50m	Jamison Towers	2022
Long Jump	U13	5.16m	Catherine Mendes	2013
Pole Vault	Open	4.00m	Irene Hill	
Pole Vault	U20	3.40m	Sukhnoor Rangi	2022
Pole Vault	U20	3.40m	Tamara Mancuso	2016
Pole Vault	U18	3.40m	Sukhnoor Rangi	2022
Pole Vault	U17	3.40m	Sukhnoor Rangi	2022
Pole Vault	U16	3.70m	Sukhnoor Rangi	2022
Pole Vault	U15	3.40m	Sukhnoor Rangi	2022
Pole Vault	U14	2.75m	Sukhnoor Rangi	2021
Shot Put	Open	13.64m	Alesha Sayner	1998
Shot Put	U20	13.64m	Alesha Sayner	1998
Shot Put	U18	14.83m	Louise Mendes	2016
Shot Put	U17	14.21m	Louise Mendes	2015
Shot Put	U16	13.56m	Louise Mendes	2014
Shot Put	U15	12.90m	Faith Vili	2019
Shot Put	U14	12.90m	Faith Vili	2019
Shot Put	U13	12.04m	Faith Vili	2018
Triple Jump	Open	13.91m	Nneka Okpala	2016

Triple Jump	U20	12.86m	Meggan O'Riley	2008
Triple Jump	U18	12.64m	Ashleigh Hayes	2012
Triple Jump	U17	12.64m	Ashleigh Hayes	2012
Triple Jump	U16	12.64m	Ashleigh Hayes	2012
Triple Jump	U15	11.75m	Ashleigh Hayes	2011
Triple Jump	U14	11.14m	Natalie Pavlic	1998
Triple Jump	U13	10.54m	Ashleigh Hayes	2009
Heptathlon	Open	5390	Claire Thompson	2004
Heptathlon	U20	3311	Kaylee Mangion	2022
Heptathlon	U18	4261	Ellie Kewish	2021
Heptathlon	U16	2807	Sukhnoor Rangi	2021
Heptathlon	U15	2807	Sukhnoor Rangi	2021
Heptathlon	U14	4462	Jamison Towers	2022
Pentathlon	U14	3065	Jamison Towers	2021
Pentathlon	U13	3065	Jamison Towers	2021
Half Marathon	Open	1:12:02.00	Makda Haji Harun	2019
Marathon	Open	2:44:56.00	Charlotte Wilson	2019