

### Club Records 4th November 2018

| Male          |                                      |                                      |                                   |                                   |                                    |                                    |                                    |                                |
|---------------|--------------------------------------|--------------------------------------|-----------------------------------|-----------------------------------|------------------------------------|------------------------------------|------------------------------------|--------------------------------|
| Event         | Open                                 | Under 20                             | Under 18                          | Under 17                          | Under 16                           | Under 15                           | Under 14                           | Under 13                       |
| 100m          | Aaron Rouge-Serret 2010 10.17        | Gerard Keating 1984 10.32            | Reid Pryor 1984 10.5              | Richard James 10.5                | Richard James 10.7                 | Jilven Dias 2012 10.90             | Shannon White 1987 11.4            | Shannon White 1987 11.8        |
| 200m          | Peter Norman 1968 20.06              | Paul Pearce 1996 21.09               | Daniel Martin 2007 21.12          | Daniel Martin 2007 21.12          | Jilven Dias 2012 21.76             | Jilven Dias 2012 21.76             | Shannon White 1988 23.3            | Shannon White 1987 24.8 (hand) |
| 200m cont.    |                                      |                                      |                                   |                                   |                                    |                                    |                                    | Patrick Aquilina 2018 24.87    |
| 400m          | Bruce Frayne 1984 45.21              | Casey Vincent 1998 45.55             | Casey Vincent 1997 46.20          | Casey Vincent 1996 47.60          | Stephen Orr 1986 50.4              | Ryan Osborne 2011 51.88            | Lachlan Jorgensen 2015 52.82       | Madigan Quinlan 2010 54.16     |
| 800m          | John Higham 1.45.9                   | Johnny Rayner 2011 1.49.0h           | Cameron Orr 1985 1.50.2           | Johnny Rayner 2007 1.51.50        | Johnny Rayner 2007 1.53.31         | Johnny Rayner 2005 2.00.78         | Chris Downie 2003 2.05.56          | Madigan Quinlan 2010 2.07.51   |
| 1500m         | Ken Hall 1975 3.36.6                 | Ryan Geard 2010 3.50.51              | Ryan Geard 2009 3.54.38           | Darrell Pommeroy 1990 3.54.7      | Ryan Geard 2008 4.02.71            | Luke Mathews 2010 4.10.20          | Neville Jordan 1984 4.15.9         | Luke Mathews 2006 4.34.58      |
| 3000m         | Liam Adams 2011 7.53.79              | Ryan Mathews 2008 8.16.71            | Ryan Geard 2009 8.34.6            | Ryan Geard 2009 8.34.6            | Jack Avolino 2012 8.51.04          | Luke Mathews 2009 9.14.05          | Luke Mathews 2009 9.33.7           | Sunny Dor 2018 11.21.9         |
| 5000m         | Ken Hall 1980 13.31.2h               | Liam Adams 2005 14.30.93             | Liam Adams 2004 14.50.57          |                                   |                                    |                                    |                                    |                                |
| 10000m        | Liams Adams 2013 13.31.21            | Liam Adams 2012 28.11.76             | Liam Adams 2004 31.12.84          |                                   |                                    |                                    |                                    |                                |
| Half Marathon | Liam Adams 2012 1.03.25              | Liam Adams 2017 2.12.52              |                                   |                                   |                                    |                                    |                                    |                                |
| Marathon      | Liam Adams 2017 2.12.52              |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| 90m hdl       |                                      |                                      |                                   | ...                               |                                    | David Ancrum 1998 13.52            | Lachlan Jorgensen 2015 13.93       | Nathan Blair 2008 15.53        |
| 100m hdl      |                                      |                                      |                                   |                                   |                                    | Daniel Martin 2004 13.94           |                                    |                                |
| 110m hdl      | Daniel Martin 2012 14.03             | Daniel Martin 2009 13.60             | Daniel Martin 2007 13.75          | Daniel Martin 2007 13.75          | Daniel Martin 2005 24.73           | Lachlan Jorgensen 2016 28.21       | David Ancrum 1996 28.4             | Jannik Ernst 2016 37.12        |
| 200m hdl      |                                      |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| 400m hdl      | Don Hanley 1976 49.8                 | John Roche 1980 51.57                | Mark Longmuir 1984 53.60          | Mark Longmuir 1984 53.60          | Tim Readwin 1983 6.19.4            | Nicholas Benca 2012 6.49.24        | Lachlan Attard 2017 7.04.3         | Sunny Dor 2018 8.50.6          |
| 2000m stch    |                                      | Craig Logan 1982 5.51.6              | Mark Blicavs 2008 6.07.17         | Tim Readwin 1983 6.18.5           |                                    |                                    |                                    |                                |
| 3000m stch    | Craig Logan 1986 8.44.0              | Craig Logan 1982 9.04.8              |                                   |                                   |                                    |                                    |                                    |                                |
| 1500m walk    | Andrew Jachno 1984 5.33.8            | Andrew Jachno 1982 5.37.5            | Chris Erickson 1998 6.16.00       | Chris Erickson 1998 6.16.00       | Chris Erickson 1997 6.26.0         | Chris Erickson 1996 6.47.07        | Connor McShanag 2009 7.04.57       | Timucin Girgin 2004 7.11       |
| 2000m walk*   |                                      | Jesse Osborne 2013 7.45.5            | Chris Erickson 1998 13.29.45      | Chris Erickson 1998 13.29.45      | Chris Erickson 1997 8.55.5         | Timucin Girgin 2006 9.33.33        | Timucin Girgin 2005 9.48.9         | Timucin Girgin 2005 9.51.99    |
| 3000m walk    | Andrew Jachno 1991 10.56.24          | Jesse Osborne 2014 11.19.0           | Chris Erickson 1998 13.29.45      | Chris Erickson 1998 13.29.45      | Timucin Girgin 2006 14.34.29       | Timucin Girgin 2006 14.34.29       | Connor McShanag 2010 15.18.64      | Timucin Girgin 2004 16.24      |
| 5000m walk    | Andrew Jachno 1991 19.09.95          | Jesse Osborne 2014 20.50.57          | Chris Erickson 1998 23.09.95      | Chris Erickson 1998 23.09.95      | Timucin Girgin 2006 25.42.48       | Timucin Girgin 2006 25.42.48       |                                    |                                |
| 10km walk     | Andrew Jachno 1991 39.25             | Jesse Osborne 2014 41.27             |                                   |                                   |                                    |                                    |                                    |                                |
| 20km walk     | Andrew Jachno 1990 1.20.43           |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| 30km walk     | Andrew Jachno 1990 2.09.09           |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| 50km walk     | Chris Erickson 2016 3.48.40          |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| High Jump     | John Knight 2.11                     | Harrison Williams 2016 2.08          | Harrison Williams 2016 2.08       | Steven Orr 1987 2.05              | Harrison Williams 2015 2.02        | Steven Orr 1986 2.00               | Steven Orr 1984 1.90               | Harry Orr 2018 1.74            |
| Pole Vault    | Maxim Mischchenko 2016 5.23          | David Jacobs 1998 4.80               | David Jacobs 1996 4.30            | David Jacobs 1995 4.20            | David Jacobs 1995 3.50             | Reid Pryor 3.00                    | Reid Pryor 2.70                    |                                |
| Long Jump     | Chris Mitrevski 2018 8.01            | Michael Morgan 1985 7.68             | Michael Morgan 1983 7.64          | Michael Morgan 1982 7.34          | Michael Morgan 1982 7.17           | Michael Morgan 1981 6.90           | Michael Morgan 1979 6.14           | Michael Morgan 1978 5.35       |
| Triple Jump   | Alwyn Jones 2009 16.83               | Callan Rauchtuss 2011 15.38          | Dylan Johnson 2014 15.19          | Dylan Johnson 2013 14.68          | Andrew Johnston 1997 13.99         | Andrew Johnston 1996 13.20         | Andrew Johnston 1995 12.30         | Dylan Johnson 2009 11.50       |
| Shot Put      | Phil Nettle 1980 18.26               | Matthew Young 1994 14.97             | Matthew Young 1992 16.75          | John Minns 1982 18.62             | John Minns 1982 18.62              | Matthew Young 1989 15.26           | Matthew Young 1988 17.51           | Kevin Healy 2018 13.36         |
| Discus        | Phil Nettle 1981 56.68               | Drew Sayner 1997 45.54               | Matthew Young 1992 51.70          | Matthew Young 1992 51.70          | Matthew Young 1989 61.64           | Matthew Young 1989 61.64           | Matthew Young 1988 49.38           | Kevin Healy 2018 38.54         |
| Javelin       | Jarrod Bannister 2007 83.70          | Cameron Graham 1991 67.94            | Mate Zahitla 2012 65.07           | Mate Zahitla 2012 65.07           | Michael Morgan 1981 55.31          | Matthew Young 1988 56.26           | Matthew Young 1988 56.26           | Michael Morgan 1979 36.36      |
| Hammer        | Russell Devine 1999 66.07            | Grant Dunt 1990 57.88                | Grant Dunt 1988 56.84             | Michael Morgan 1982 55.66         | Matthew Young 1990 54.26           | Lachlan Jorgensen 2016 26.36       | Kevin Healy 2018 55.15             | Kevin Healy 2018 46.98         |
| Decathlon     | Nick Foley 1997 7249                 | Michael Morgan 1983 6599             | Michael Morgan 1983 7118          |                                   |                                    |                                    |                                    |                                |
| Female        |                                      |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| Event         | Open                                 | Under 20                             | Under 18                          | Under 17                          | Under 16                           | Under 15                           | Under 14                           | Under 13                       |
| 100m          | Suzanne Broderick 2000 11.57         | Tamsyn Lewis 1994 11.60              | Tamsyn Lewis 1994 11.60           | Tamsyn Lewis 1994 11.60           | Nicole Wilson 1998 11.9 (hand)     | Maggie-may Quinlan 2007 12.41      | Ilana Grandine 2004 12.44          | Ilana Grandine 2004 12.65      |
| 100m          |                                      |                                      |                                   |                                   | Maggie-may Quinlan 2008 12.10      |                                    |                                    |                                |
| 200m          | Charlotte van Veenendaal 2012 23.60  | Laura Humphreys 1992 23.90           | Laura Humphreys 1992 23.90        | Tamsyn Lewis 1994 23.91           | Tamsyn Lewis 1994 23.96            | Nicole Wilson 1996 25.0            | Laura Humphreys 1989 25.6          | Ilana Grandine 2004 26.68      |
| 400m          | Tamsyn Lewis 1994 52.9               | Tamsyn Lewis 1994 52.9               | Tamsyn Lewis 1994 52.9            | Tamsyn Lewis 1994 52.9            | Tamsyn Lewis 1994 52.9             | Nicole Wilson 1996 56.23           | Erin Rayner 2008 60.20             | Bethany Rayner 2009 61.55      |
| 800m          | Margaret Crowley 1996 1.59.6         | Erin Rayner 2012 2.07.74             | Erin Rayner 2012 2.07.74          | Maddison Caulfield 2015 2.08.5    | Maddison Caulfield 2015 2.08.5     | Maddison Caulfield 2014 2.11.16    | Letetia Presser 2015 2.11.9        | Erin Rayner 2007 2.20.24       |
| 1500m         | Linden Hall 2018 4.00.86             | Lauren Ryan 2016 4.20.99             | Lauren Ryan 2016 4.20.99          | Maddison Caulfield 2015 4.27.33   | Maddison Caulfield 2015 4.27.33    | Maddison Caulfield 2014 4.34.31    | Erin Rayner 2007 4.35.85           | Erin Rayner 2007 4.43.31       |
| 3000m         | Sarah Jamieson 2007 8.48.81          | Amelia Mazza-Downie 2018 9.09.19     | Lauren Ryan 2016 9.27.77          | Amelia Mazza-Downie 2014 9.28.8   | Amelia Mazza-Downie 2015 9.28.8    |                                    | Erin Rayner 2008 10.31.0           |                                |
| 5000m         | Sarah Jamieson 2016 15.02.90         | Amelia Mazza-Downie 2017 16.19.80    | Amelia Mazza-Downie 2015 16.27.80 | Amelia Mazza-Downie 2015 16.27.80 |                                    |                                    |                                    |                                |
| 10000m        | Anne Cross 2000 32.48                |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| Marathon      | Isabella de Castella 2000 2.45.25    |                                      |                                   |                                   |                                    |                                    |                                    |                                |
| 80m hdl       |                                      |                                      |                                   |                                   |                                    |                                    | Millie-Rose Quinlan 2008 12.95     |                                |
| 90m hdl       |                                      |                                      |                                   |                                   |                                    |                                    | ...                                |                                |
| 100m hdl      | Kym Burns 1999 13.73                 | Helen Powlowski 13.85                | Helen Powlowski 13.85             | Zara Keca 2014 14.48              | Ruby Pizzo 2016 13.14              | Ruby Pizzo 2016 13.14              |                                    |                                |
| 200m hdl      |                                      |                                      |                                   |                                   | Zara Keca 2014 14.89               |                                    |                                    |                                |
| 400m hdl      | Caitlin Hawks 2015 59.44             | Caitlin Hawks 2015 59.44             | Caitlin Hawks 2014 61.58          | Michaela Asciac 2009 64.08        | Kristen Hodges 29.35               | Ruby Pizzo 2016 30.42              | Ruby Pizzo 2016 31.42              |                                |
| 2000m StCh    |                                      |                                      | Allison Rogers 2016 6.52.31       | Allison Rogers 2016 6.52.31       | Michaela Asciac 2009 64.08         | Jennifer Mendes 2015 6.59.95       | Molly Gallagher 2014 7.13.67       | Molly Gallagher 2014 7.16.77   |
| 3000m StCh    | Charlotte Wilson 2018 9.55.53        | Alanah Hayes 2011 11.16.65           | Alanah Hayes 2011 11.16.65        | Alanah Hayes 2011 11.16.65        | Allison Rogers 2016 6.52.31        |                                    |                                    |                                |
| 1500m walk    |                                      |                                      |                                   |                                   | Eda Girgin 2005 7.22.80            | Eda Girgin 2005 7.22.80            | Eda Girgin 2004 7.26.1             | Caitlin Campbell 2006 7.33.98  |
| 2000m walk*   | Carma Watson 2005 8.58.39            | Erin Adamciewicz 2000 9.22.05        | Erin Adamciewicz 2000 9.22.05     | Erin Adamciewicz 2001 14.17.25    | Eda Girgin 2005 10.20.35           | Eda Girgin 2004 10.24              | Eda Girgin 2004 10.24              | Caitlin Campbell 2007 10.29.6  |
| 3000m walk    | Carma Watson 2005 13.41.76           | Erin Adamciewicz 2001 14.17.25       | Eda Girgin 2006 26.43             | Eda Girgin 2006 26.43             | Eda Girgin 2005 15.53.87           | Eda Girgin 2005 15.53.87           | Eda Girgin 2004 16.40.12           |                                |
| 5000m walk    | Carma Watson 2006 24.10              | Vanessa Arcadi 1998 25.58            | Leah Alexander 1998 1.86          | Leah Alexander 1998 1.86          | Eda Girgin 2006 26.43              | Eda Girgin 2005 28.21.34           |                                    |                                |
| High Jump     | Belinda Blay/ L. Alexander 1998 1.86 | Belinda Blay/ L. Alexander 1998 1.86 | Leah Alexander 1998 1.86          | Leah Alexander 1998 1.86          | F. Langston/M. Alexander 2014 1.71 | F. Langston/M. Alexander 2014 1.71 | F. Langston/M. Alexander 2013 1.64 | Freya Langston 2012 1.63       |
| Pole Vault    | Irene Hill 4.00                      | Tamara Mancuso 2016 3.40             | Tamara Mancuso 2016 3.40          | Fiona Flessner 1997 2.40          | Leah Alexander 1997 1.82           |                                    |                                    |                                |
| Long Jump     | Kym Burns 1999 6.49                  | Catherine Mendes 2016 5.87           | Catherine Mendes 2016 5.87        | Catherine Mendes 2016 5.87        | Tamara Mancuso 2011 2.20           |                                    |                                    |                                |
| Triple Jump   | Nneka Okpala 2016 13.91              | Meggan O'Riley 2008 12.86            | Ashleigh Hayes 2012 12.64         | Ashleigh Hayes 2012 12.64         | Catherine Mendes 2015 5.56         | Catherine Mendes 2015 5.56         | Catherine Mendes 2014 5.18         | Catherine Mendes 2013 5.16     |
| Shot Put      | Alesha Sayner 1998 13.64             | Alesha Sayner 1998 13.64             | Louise Mendes 2016 14.83          | Louise Mendes 2015 14.21          | Ashleigh Hayes 2011 11.75          | Ashleigh Hayes 2011 11.75          | Natalie Pavlic 1998 11.14          | Ashleigh Hayes 2009 10.54      |
| Discus        | Alesha Sayner 1999 52.29             | Alesha Sayner 1999 52.29             | Alesha Sayner 1999 52.29          | Alesha Sayner 1999 50.45          | Louise Mendes 2014 13.56           | Faith Vili 2018 12.04              | Faith Vili 2018 12.04              | Faith Vili 2018 12.04          |
| Javelin       | Petra Rivers 1972 69.28*             | Petra Rivers 1970 61.76*             | Petra Rivers 1970 61.76*          | Petra Rivers 1966 48.80*          | Alesha Sayner 1996 50.28           | Alesha Sayner 1996 46.04           | Hannah Brodie 2018 35.40           | Orla McCarthy 2018 34.29       |
| Hammer        | Louise Mendes 2018 58.16             | Louise Mendes 2018 58.16             | Louise Mendes 2016 58.80          | Louise Mendes 2015 54.99          | Petra Rivers 1966 48.80*           | Petra Rivers 1966 48.80*           | Maree Muscara 2011 42.33           | Maree Muscara 2011 35.67       |
| Heptathlon    | Claire Thompson 2004 5390            |                                      |                                   |                                   | Louise Mendes 2015 49.29           | Louise Mendes 2014 43.65           | Louise Mendes 2013 27.69           |                                |